

## 9th Interdisciplinary Continuous Learning Assignment

### Purpose:

To reflect critically on your experience living through the historical event of the COVID-19 pandemic integrating skills and ideas that you have learned in your core classes this school year, creativity, the 10 elements, and the core values of SFIS and your home communities,

This is a REQUIRED assignment for all SFIS students in ninth grade.

### Format

Each week, from April 20 to May 25, you will submit a 500-750 word response (typed or handwritten) answering that week's guiding question to your Homeroom teacher. You can submit your writing through email, google classroom, text or email a photograph of something you wrote by hand, mail it to your teacher, or even call your teacher and read it to them if you don't have access to a smartphone or computer. Get creative about submission. Communicate with your homeroom teacher. While this is a required assignment, we can be flexible with working with you on how it gets turned in. (You may suggest an alternate form of expressing the required words, through poetry, film, art etc...please communicate these ideas through your HR teacher before making this decision.)

You are welcome to use any resources you can access safely (internet, newspapers, television, books, talking with other people - make sure to use good citations!) but you are not required to use any one resource.

**You are welcome to ask your family members for more information if you need help. If you decide to discuss these questions with family members, DO NOT go talk to someone you don't see every day. This is an opportunity to call a family member you haven't seen in a while, but for the safety of your family and your community, please follow your community's request to stay home.**

\*Students with Disabilities will work with the resource teacher to make any required or necessary modifications to the assignments.

**Core Values:** Student Focus, Tradition and Culture, Caring, Respect, Giving back, Perseverance , Integrity and Accountability, Concern for the Environment, Humility, Faith, Acceptance

**Ten Elements:** Art, Education, Governance, Environment, Law & Jurisprudence, Language, Family, Health, Community & Economic Development, Culture & Resources

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<b>Week 1: Self Care</b>	
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**Guiding Questions: Consider the 4 components of Self-Care--Physical, Mental, Emotional, and Spiritual health. Review how this break at home has given you time to learn about positive health. Answer the questions below in your response:**

- What are you doing during this time to take care of and help yourself?
- How have you used the four different components of self-care to benefit yourself or others?
- Identify what’s working for you that may benefit others?
- Pick one or two core values or ten elements to help explain how you are taking care of yourself during this time away from school.

**Due Date: Monday, April 27th**

<b>Week 2: Community Sustainability</b>	
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**Guiding Question(s): What activities would you have been doing at this time if the COVID-19 Pandemic restrictions were not in place? Think about social, cultural, or personal activities that help around your community. Answer the questions below in your response:**

- What are you currently doing to be proactive in your community? (Your community can be your household, yourself and parents, village, within your home state, etc.)
- Pick one or two core values or ten elements that relate to the activities you have been doing in your community or would have been doing had the COVID-19 Pandemic restrictions were not in place.

**Examples:**  
**Child Care:** learning the duties of caring for siblings in supervision, food, and education.  
**Outdoors:** Farming, home garden, interior cleaning  
**Community Volunteer Work:** Working at a job, helping provide resources for others.

**Due Date: Monday, May 4th**

<b>Week 3: Home Skills</b>	
<p><b>Guiding Questions:</b> During this COVID-19 World Health Crisis, you are at the moment, spending a lot of time at home and with family. Take some time to reflect on what you are learning or how you may be growing during this time. Use the following questions to guide your response.</p> <ul style="list-style-type: none"> <li>● What is something you have learned to do during the Covid-19 Pandemic?</li> <li>● How are you spending your time productively to engage in meaningful activities? (This can be practical or meaningful activities based on need or interest.)</li> <li>● What was the process like and what challenges did you face learning your new skill?</li> <li>● What was the outcome of your new learned skill, what was the reaction of your family?</li> <li>● What core values or ten elements guided you in learning your new skill?</li> </ul>	<b>Due Date: Monday, May 11th</b>
<b>Week 4: Person-to-person Knowledge</b>	
<p><b>Question:</b> Considering all the time you are spending at home, what interpersonal knowledge has been passed down to you from your family members? Log down a conversation with a family member (in your house, by phone, video conversation) and explain the significance of the conversation in your response.</p> <p>Here are some ideas for topics you could discuss</p> <ul style="list-style-type: none"> <li>● Learn or practice your Native language and share some words or important parts of that conversation;</li> <li>● What kinds of historical events has someone lived through that they can teach you about, particularly challenging ones that required resilience like we are seeing now.</li> <li>● What's a song from someone that has been passed down to you. (Song's context, lyrics, deeper meaning)</li> <li>● Learn a story that emphasizes traditional knowledge, world history, etc.</li> </ul>	<b>Due Date: Monday, May 18th</b>
<b>Week 5 : Earth Power</b>	

**Question: The Earth is considered as a living entity and our story as humans is connected to the Earth. Right now, nature is showing us its power through a virus and we are responding as humans. What other examples can you think of how the Earth shows us power? Also, what are examples of how humans have power as well? What are the connections between the Earth and humans? How do you think we should move forward as humans in our relationship with the earth. Think about prayer, nature, animals, and plant life that feed from the Earth.**

**Due Date: Monday, May 25th**